

# BECOME A VOLUNTEER

Help. Inspire. Make a difference.



"Alone we can do so little; together we can do so much"- Helen Keller

## How can you help?

We are always in need of amazing people to help. Volunteers are always needed on different areas of the food bank as well as fundraising events.

## VOLUNTEER OPPORTUNITIES

- Hamper Distribution
- Client Intake Assistant
- Bread & Produce Sorter
- Warehouse help
- Events Volunteer
- Truck Driver Helper
- Bingo help
- Lunch bundle prep

## Daily Opportunities

### Hamper Distribution Helper

This volunteer position helps hand out hampers to our clients. We need friendly and outgoing people for the front area. This position has a lot of interaction with people.

### Client Intake Assistant

Are you computer savvy? Do you love meeting new people? Then this volunteer position is for you! The Client Intake Assistant helps with signing in clients prior to getting food assistance.

### Bread and Produce Sorter

Do you love organizing and sorting? This volunteer position does just that! We need help with sorting the bread and produce donations that we received daily.

### Warehouse help

We always need help sorting non-perishable food donations daily, as well as building hampers for our clients.

### Food Preparation help

We are starting a lunch program for children in our community. This position will help prepare lunch bundles that will be delivered to schools and agencies.

Regular Shifts are:

### Monday to Friday

9:00 a.m. to 12:00 pm  
12:45p.m. to 3:45 pm

*You can make a difference!*

## Occasional Opportunities

### Events

Friendly and outgoing volunteers are always needed for our events. We have lots of fun events such as our golf tournament, Target Hunger, Stuff the bus, and many more.

### Truck Driver helper

During Christmas and summer, we are in need of a volunteer who can go with our truck driver to pick up food donations and produce.

### BINGO

Volunteers age 18 and up are needed for this position. There are usually two bingos for the food bank every month. We are looking for reliable help.

\*Must have own way of transportation to go to the bingo hall.

\*Shifts for events always differ.

## Why volunteer?

- Help and give back to the community
- Develop new skills and gain experience
- Meet new people
- Become a part of our team

